

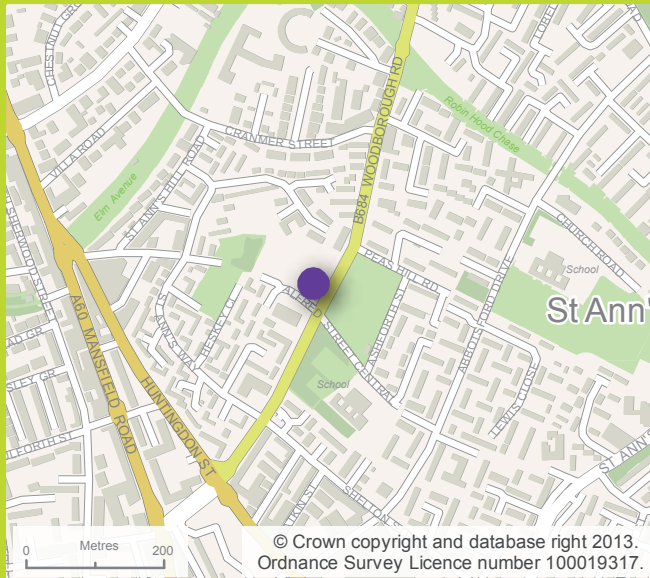
Pakistan Centre

Day Service for people with physical, sensory, mental health disabilities primarily from the Pakistani/Muslim community



How to find us

Pakistan Centre
163 Woodborough Road
Nottingham
NG3 1AX



For a friendly chat about our Centre, including opening hours and appointments please call 0115 876 3222.

The Pakistan Centre is easily accessible by public transport and is served by major bus routes.

“Our father attends the Day Centre three times a week. He is always eager and waits in anticipation for the taxi to arrive and pick him up. He is full of praise for the staff at the Centre. We can testify to that also as whenever we have contacted the Centre they are always polite and very helpful. Keep up the good work.”

If you need our help to access or understand this information, please call us on 0115 876 3222 or email adultsocialcare@nottinghamcity.gov.uk

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For more information please visit
www.nottinghamcity.gov.uk/supportingadults

About the Pakistan Centre



The Pakistan Day Centre provides services primarily to members from the Pakistani/Muslim Community who may be suffering from physical or sensory disabilities, have mental health needs, are socially isolated, or have other health issues.

During your first few weeks at the Pakistan Centre, we will work closely with you to carry out an assessment of your needs.

Our aim is to support you to work towards your goals and to help you have as much independence as possible. We will also maintain close links with your carers, and give support and advice where needed.



We provide an activity-based service with links to other agencies. We are able to put you in touch with other organisations that can help you.

You are assigned a keyworker, who will ensure that you get the most out of your attendance at the Pakistan Centre. If you have any problems or issues, please speak to your keyworker.

How can the Pakistan Centre benefit you?

The Centre aims to develop, maintain and prevent the loss of a person's independence by enabling people to rebuild their confidence, increase socialisation and an overall improvement in their quality of life.

At the Pakistan Centre our services are built around you. Everything from meals and transport to activities and leisure time is tailored to provide you with quality care and an enjoyable experience.

Activities: We offer interesting and varied activities including: shopping and day trips, quizzes and games and religious sessions including meditation.

As our care is person-centred, we try to accommodate for requests made by citizens, for example suggestions made regarding activities which they would like to take part in.

Services are provided in a culturally sensitive setting; sensitive to dietary needs and meeting the linguistic needs of users.

Transport: We can facilitate transport to and from the Centre, for which there is a charge. This charge is means tested. There is a car park available for visitors to the centre.

Meals: You can have meals with us at the Centre. We cater for a range of dietary needs. There is a charge for meals.

Personal care: We provide personal care to those who require it, in a dignified and respectful

manner. All our staff are fully trained in this area of care.

Representative groups: The Pakistan Centre has members' representative groups which meet regularly to discuss and input on issues in the Centre and in the community as well.

"I really enjoy coming to the Day Centre. The staff are friendly and helpful. The food is really nice too."

"I would recommend the Pakistan Day Centre to anyone. The atmosphere is so nice and peaceful. Staff are really friendly. There is plenty going on all the time."

"I go to the Pakistan Day Centre one day a week. I take all my letters and bills with me. The Day Care staff and the Centre staff are always willing to help me with them. I don't know what I would do without them. God bless them."

"Attending Day Care at Pakistan Centre is a life line for me as I get service which is appropriate to my culture and also meets my specific dietary needs. My family also know I am in a safe environment."

Call us now on 0115 876 3222